

Chords Lesson #7: Rock Starter Strumming Patterns

Adding Rhythm to Essential Chord Progressions 1a, 1b, 2a, 2b

Richards Guitar Studio

Music by Nate Richards

Standard tuning

♩ = 120

A Basic Strumming #1

Develop strategies for picking/strumming aligned with rhythm counting. Apply these strumming patterns to all 4 Essential Progressions. Examples below show Essential Progression 1a.

B Basic Strumming #2

C Syncopation #1

Use a downstroke "Ghost Strum" on beat 3, purposely missing the strings

D Throw-Away #1

Strum open strings on "4 and" as your fingers lift into the air, anticipating the next chord

E Throw-Away #2

F Throw-Away #3

G Syncopation with Throw-Away

H Straight Eighths with Throw-Away

I *Bonus Pattern: Eighths with Syncopation

J Bonus Pattern: More Syncopation